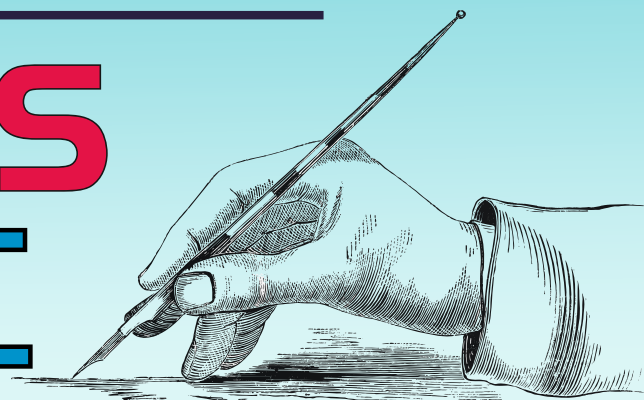


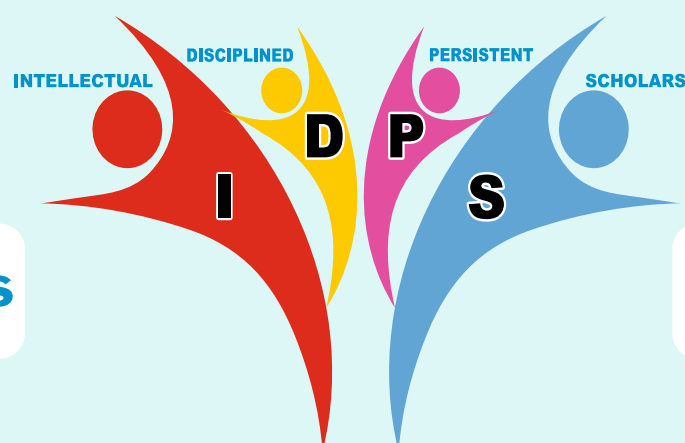
▶ IDPS CHRONICLE



INTERNATIONAL DELHI PUBLIC SCHOOL

**CBSE Code: 730102**

ISO 9001:2015



Learn and Succeed

GARTEN

JUNIORS

CHAMPS

SCHOLARS



SPARTANS



KNIGHTS

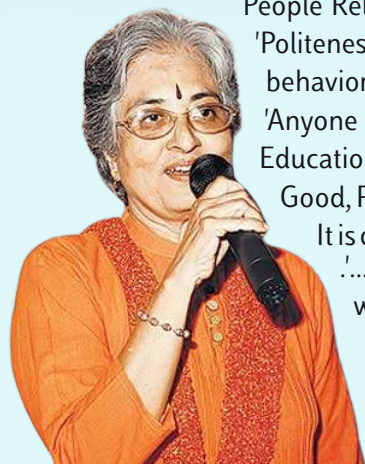


SAMURAI



TROJANS

ETIQUETTE FOR PR (PEOPLE RELATIONS)



Mrs. Chaya Srivatsa

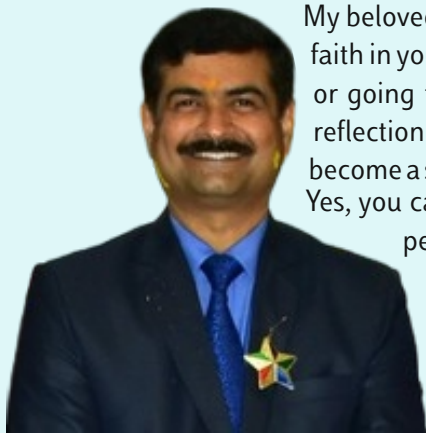
EDUCATIONIST, JOURNALIST
& SOCIAL ACTIVIST

People Relations is the key to the success of an individual or an organization. An effective people relation (PR) is a combination of 'Politeness, Etiquette and above all, a genuine concern for others. Effective PR can be cultivated, the essence of which is a consistent behavior pattern that does not encroach on others' territory. It also calls for an attitude of fair play, treating all alike. As someone put it, 'Anyone can be polite to a King; It takes a gentleman/lady to be polite to a Beggar'. An organization, be it a Business House, Educational Institution, Service Club or Home, will be a better place, if its people take the trouble to fine tune their PR. In a nutshell, Good, People Relations is doing things the way they ought to be done. It is going by 'the book' in spirit and doing things in good Faith. It is observing certain Codes of Conduct. It is reaching out to others with...

!...a friendly glance and open hand And a gentle word for all. We all should endeavor, while going along to make it as smooth as we can....!

Manners are a sensitive awareness of the feelings of others. "If you have that awareness, you have good manners, no matter what fork you use", said Emily Post whose guidelines are revered to this day. It is this "feeling for others" that we tend to forget in our conduct, and speech. "My, you have put on weight haven't you?" or "Why are you looking so haggard?" or, "Oh! You look ill" or "What have you done to yourself, for God's sake?" or "Hey! You are graying fast" or "You've aged since I saw you last!" How would you like it if someone said these things to you? "Will I like it? If you ask yourself this question, before passing any remark, you will be sure to say the right things. We are more conscious of our own feelings than of others. The world will be a better place if we observe the etiquette of People Relations and good manners.

INGREDIENTS OF SUCCESS



Mr. Rajesh Rathore

Principal, TSUS

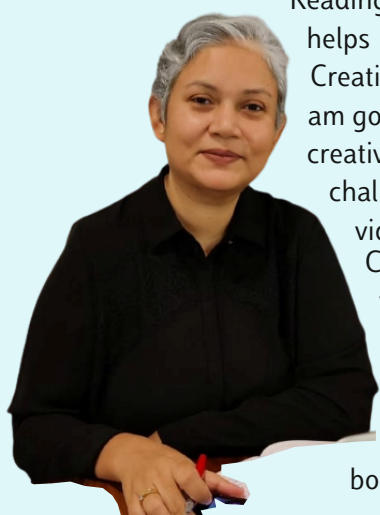
My beloved Students: Determination, self-belief and perseverance are the most essential ingredients of success. Have unflinching faith in your capabilities, even if you have the highest obstacle in front of you. The only thing that stops you from crossing, climbing or going through that huge obstacle is what you think about yourself. The size of your self-esteem or your confidence is the reflection of the image you have about yourself! Influence your thoughts, so as to stimulate your action and you will gradually become a self-reliant, self-inspired and a confident person.

Yes, you can! There is nothing impossible to the person, who has a definite and clear purpose in life along with dedication and perseverance. Every morning, every day, when you are in front of the mirror, talk to the special person in front of you and tell him/her how good, smart, valuable, capable, intelligent and loved one, he/she is. Nourish your self-esteem tenderly, lovingly and incessantly.

Believe in action so as to translate your dreams into reality. Be confident, have trust in yourself. Stay motivated and enthusiastic with a passionate desire to reach your destination. Be clear in life. Create a plan, focus on that plan and take uninterrupted action with passion, perseverance and patience.

Above all, don't worry about the results; definitely you will succeed with flying colors, when all your moves on the chess-board of life are well perceived, practiced and perfected. Embark upon your self-designed roadmap to reach your dream destination. Wishing you a very bright future ahead! Joie De Vivre!

HOW TO GET PUBLISHED



Mrs. Sahana Ahmed

NATIONAL PRESIDENT, WICCI
RURAL TOURISM COUNCIL

Reading helps a child learn various dimensions of human life such as like empathy, sympathy, values, and relationships. Writing helps in nurturing emotional growth and critical thinking. In her book, 'Your Child's Writing Life: How to Inspire Confidence, Creativity and Skill at Every Age', educator Pam Allyn says, "Living a writing life is living with our eyes wide open." In this article, I am going to share a list of publications that accept submissions from children. I hope this inspires our students to explore their creativity and carve out stories and poems. Amazing Kids! Magazine: Amazing Kids! is a non-profit organization offering fun, challenging and self-motivating educational material. They are looking for fiction and nonfiction stories, art, photography and videography. Age group: 05 to 18. Website: mag.amazing-kids.org

Celebrating Art: This publication accepts art in the form of still digital images. It holds regular art contests, and publishes the winners in an art book anthology. Works are judged in four divisions: grades Kindergarten to 3, grades 4 to 6, grades 7 to 9, and grades 10 to 12. Age group: Grades Kindergarten to 12. Website: celebratingart.com

Fridge Flash Fiction: Fridge Flash is part of SmokeLong Quarterly, an online literary magazine dedicated to flash fiction.

Children can submit stories and/or art. Age group: Under 12. Website: smokelong.com

Kidliomag: A digital monthly magazine founded by eleven-year-old Dhruvin Dharmendra that features book reviews, book recommendations, and stories for/by children. Age group: All ages. Website: kidliomag.com

Little Jefferson: It is part of literary magazine Lucky Jefferson. It creates empowering spaces and opportunities for children and pre-teens ages 9-13 to explore and deepen their joy of writing and grow as young artists. Age group: 09 to 13. Website: luckyjefferson.com/little-jefferson

Minute Magazine: An online, nonprofit literary and art publication dedicated to examining life under the microscope. They accept submissions from all ages but especially encourage younger writers and artists to submit. Age group: 14 and over. Website: minutemagazine.org

New Moon Girls: New Moon is aimed at girl tweens and teens. The magazine is offered in both print and digital formats, and accepts fiction, poetry, personal essays, art, comics and photography. Age group: 08 to 19. Website: newmoongirls.com

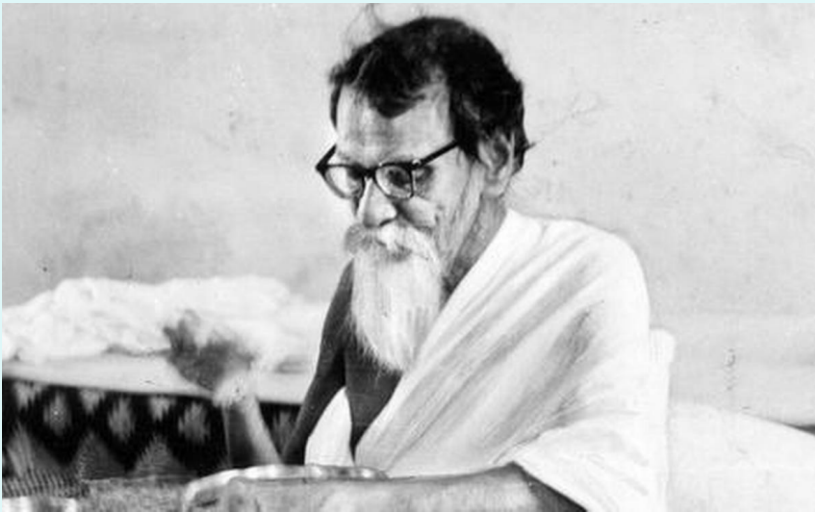
Polyphony Lit: Polyphony Lit is a student-run international literary magazine for high school writers and editors. Submissions of poetry, fiction and creative nonfiction are accepted through May 31 of each year and are eligible for the Claudia Ann Seaman Awards for Young Writers. Age group: Grades 9 to 12. Website: polyphonylit.org

Stone Soup: Stone Soup is a literary magazine that has been inspiring children to read, write and create their own artworks for publication since 1973. You can get a taste of what they publish from their Instagram page. Age group: Under 13. Website: stonesoup.com

The Scriblerus: It is a publication of Greenville University in Greenville, Illinois. They accept poetry and fiction from April - July for their Fall issue and September - January for their Spring issue. Age group: Under 12. Website: thescriblerus.com

VINOBA BHAVE

- ▲ Vinayak Narhari Bhave, popularly known as Acharya Vinoba Bhave was a great freedom fighter, an eminent social reformer, a staunch follower of Gandhian principles and ideals and a great human rights activist. He was born on September 11, 1895 AD at Gogoda in Kolaba district of Maharashtra. His father was Narhari Shambhu Bhave who was a textile engineer in Baroda (now Vadodara). He took keen interest in the works and philosophy of saints and poets of Maharashtra and studied many books at an early age. He also read many books in Sanskrit. These readings largely shaped the philosophical and ideological structure of his mind.
- ▲ Mahatma Gandhi's philosophy and principles immensely inspired him. He met Gandhiji in 1916 and became his disciple. He started living at Gandhiji's ashram to imbibe his principles and ideals in reality. He gave his support and contributions to the Khadi movement and other reformative missions of Mahatma Gandhi at the ashram. He launched 'Maharashtra Dharma', a monthly Marathi journal in 1923 to spread his ideas among people. Being a true disciple of Mahatma Gandhi, Vinoba Bhave took an active part in the Non-cooperation movement and Swadeshi movement. He raised voice against the British rule only on the Gandhian principles of truth and non-violence. He was put behind bars in 1932 in Dhulia under the charges of conspiring against the cruel British rule. It was Vinoba individual Satyagrahi by Mahatma
- ▲ In 1951, Vinoba Bhave launched the (charity of land movement) with an to give up claims on some part of and peasants so that they could be various parts of the country to got great success in it. Thousands of landless peasants through this started an anti-cow slaughter entire life for the country and 1982 AD.
- ▲ Vinoba Bhave set up an ashram at
- ▲ 'Swarajya Sastra', 'Geeta Pravachana' and 'Teesri Shakti' or The Third Power were great books written by Acharya Vinoba Bhave. He also had great command over many languages like Sanskrit, Marathi, Hindi, English, Urdu and Gujarati.
- ▲ He was the first Indian to be decorated with the Ramon Magsaysay award, generally referred to as Nobel Prize of Asia, in 1958.
- ▲ He was also awarded the Bharat Ratna in 1983 AD posthumously.
- ▲ He was declared the first Satyagrahi of Gandhiji's Individual Satyagraha in 1940



Bhave who was declared the first Gandhi in October 1940 AD.

Bhoodan Move Vinoba Bhavement objective to persuade major landowners their lands in favour of landless labourers able to earn their living easily. He visited persuade landlords for land charity and acres of land got transferred to many movement in non-violent means. He also movement. In brief he dedicated his society. He passed away on November 15, Pavanar and then settled there.

STATES AND CAPITALS OF INDIA

States Name	Capital	States Name	Capital
Andhra Pradesh	Amaravati	Tamil Nadu	Chennai
Arunachal Pradesh	Itanagar	Telangana	Hyderabad
Assam	Dispur	Tripura	Agartala
Bihar	Patna	Uttar Pradesh	Lucknow
Chattisgarh	Raipur	Uttarakhand	Dehradun(winter) Gairsain (summer)
Goa	Panaji	West Bengal	Kolkata
Gujarat	Gandhinagar		
Harayana	Chandigarh		
Himachal Pradesh	Shimla		
Jharkhand	Ranchi		
Karnataka	Bengaluru		
Kerala	Thiruvananthapuram		
Madhya Pradesh	Bhopal		
Maharashtra	Mumbai		
Manipur	Imphal		
Meghalaya	Shillong		
Mizoram	Aizawl		
Nagaland	Kohima		
Odisha	Bhubaneswar		
Punjab	Chandigarh		
Rajasthan	Jaipur		
Sikkim	Gangtok		



A MOMENTARY VIEW OF ACTIVITIES

TEACHER'S DAY



A MOMENTARY VIEW OF ACTIVITIES

TEACHER'S DAY



A MOMENTARY VIEW OF ACTIVITIES

JANAMASTHAMI

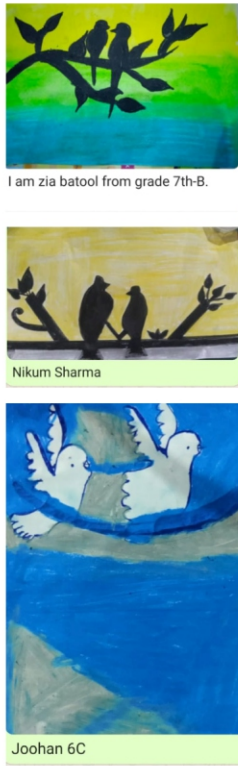
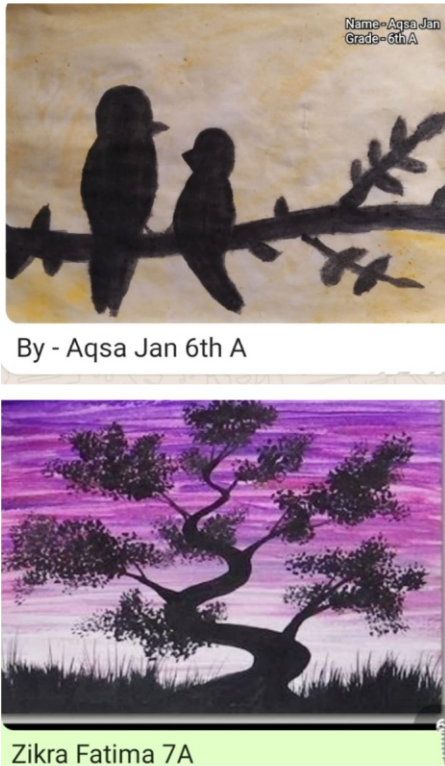
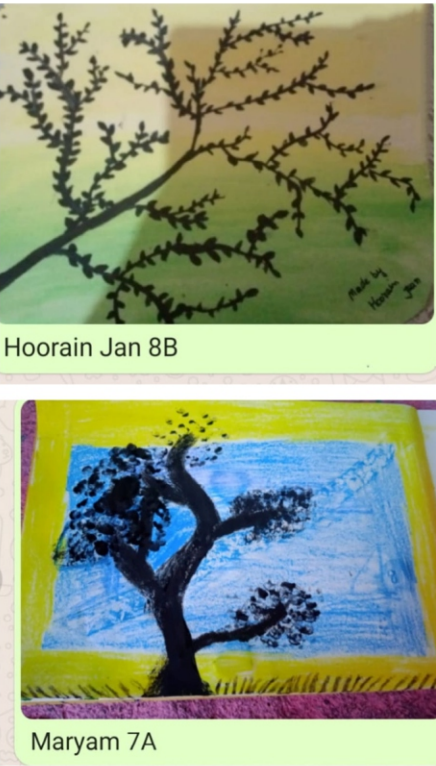
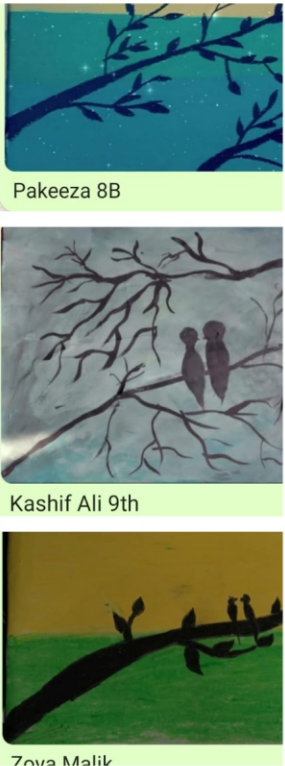
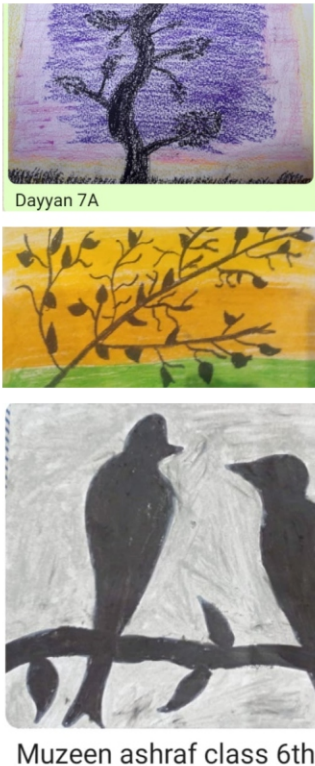
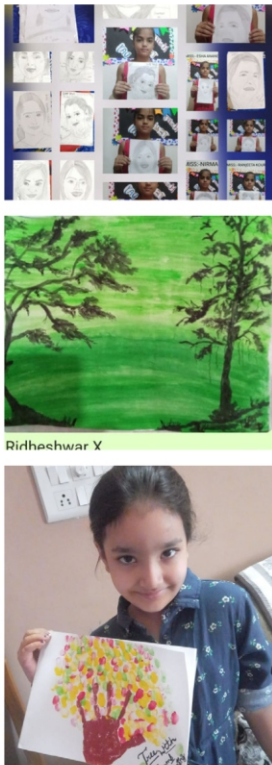
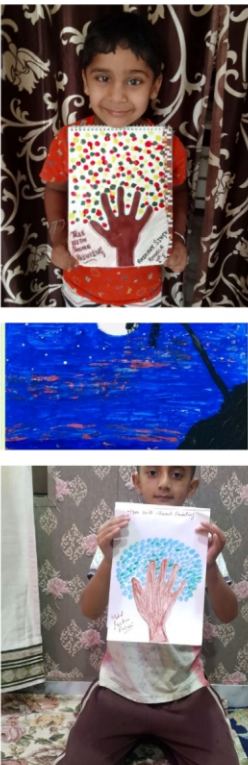
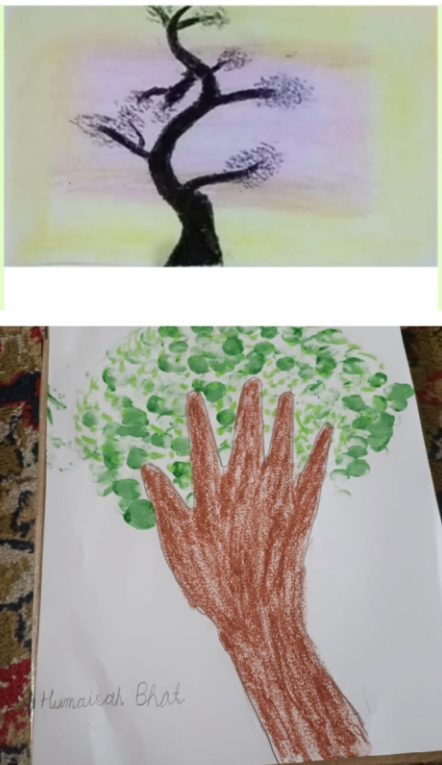
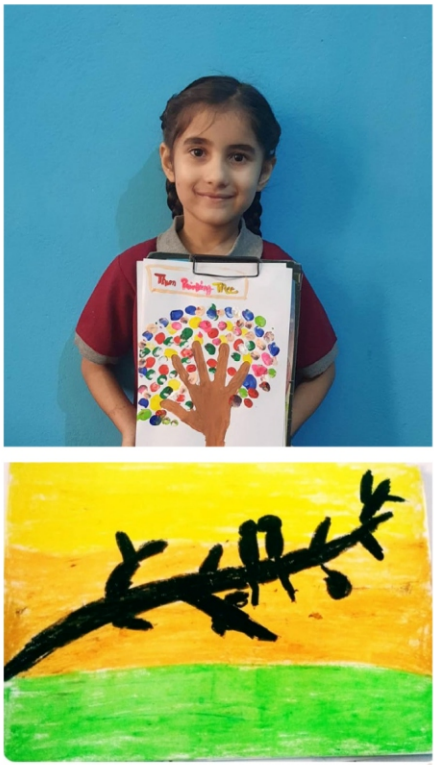
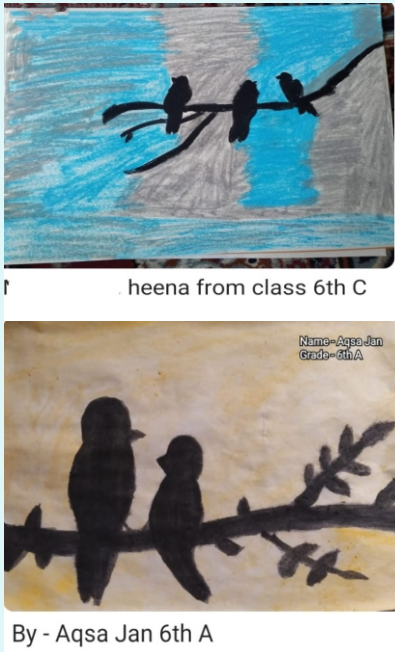
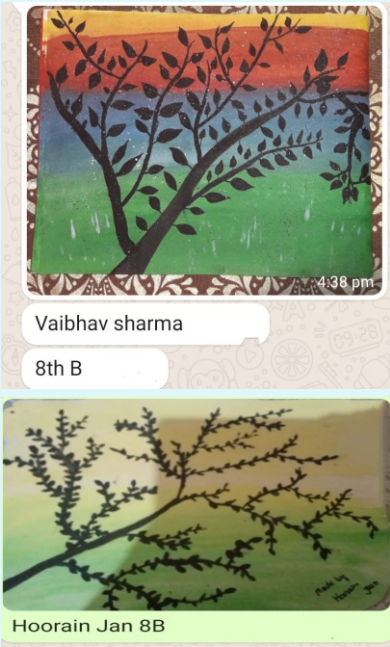
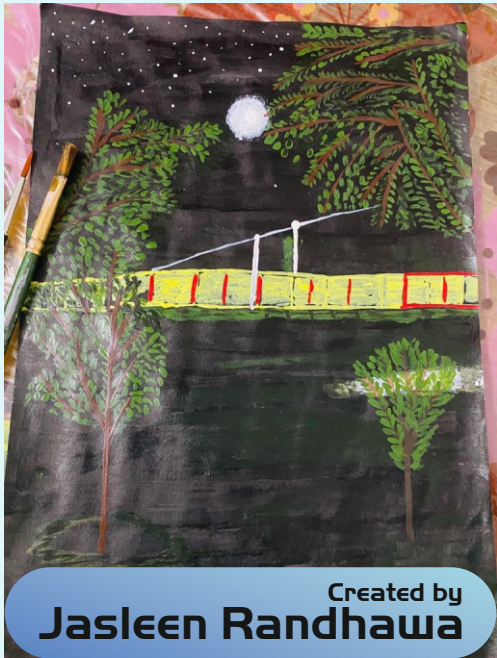


Creativity of our muchkins.



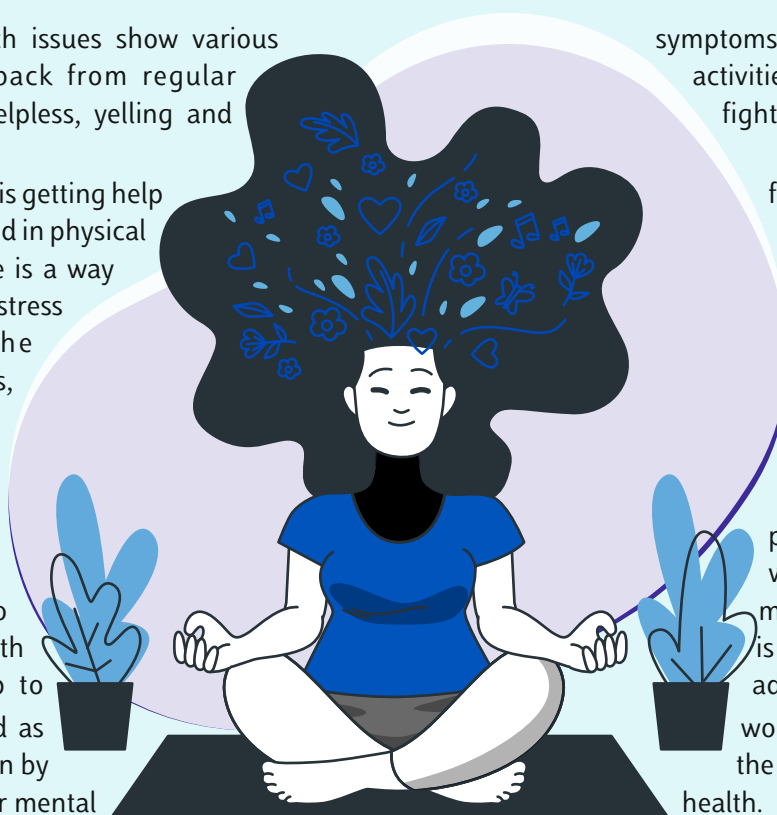
A MOMENTARY VIEW OF ACTIVITIES

TEACHER'S DAY



MENTAL HEALTH

- ▲ Mental health is crucial and integrates a component of health. Mental health includes an individual's psychological, emotional and social well-being. Proper mental health results in the proper mental functioning that result in being productive in activities, healthy and fulfilling relationships with other people and having the ability to cope and adapt to adversity.
- ▲ Proper mental health is essential in every stage of life – from childhood and teenage to adulthood. Throughout a lifetime, an individual can experience mental health issue at any point. This affects not only their mood and behaviour but also changes their way of thinking, of looking at life and facing challenges.
- ▲ Even though mental health is a highly personal thing, what affects one person may or may not affect the other person; however, some significant factors contribute to mental health problems. These factors include life experiences such as trauma or abuse, biological factors such as genes or chemistry of the brain, and even the family history of mental health problems can affect an individual. Poor mental health is also linked with stressful work conditions, rapid social changes, gender discrimination, social exclusion, physical illness and human rights violation.
- ▲ Mental health problems are common, but for the longest time, people have avoided the entire concept of it and taken mental health for granted. At one point, mental health was considered taboo, and anyone seeking help was labelled as mentally ill. Mental health and mental illness are not similar things.
- ▲ For a long time, mental health has been defined as the absence of mental illnesses such as anxiety and depression. Mental illness typically refers to all the diagnosable mental disorders – health conditions that are characterized by alterations in mood, thinking and behaviour associated with impaired functioning or distress.
- ▲ Mental health and mental illness together go hand in hand. Individuals having optimal mental health conditions can also face mental illness, where people who have no mental illness can also have poor mental health. In recent times, people have started taking mental health seriously and taking proper steps in dealing with any mental health issues. Help is available out there; people with mental health problems can get better by seeking help.
- ▲ People suffering from mental health issues show various symptoms such as little or no energy, pushing away people and pulling themselves back from regular activities, loss of sleep or the will to eat, smoking, drinking or doing drugs, feeling helpless, yelling and fighting, losing temper very quickly, harming themselves and many more.
- ▲ Taking care of mental health not only is getting help from professionals when needed but also connecting with other, getting involved in physical activities, helping others, getting enough sleep and staying positive that there is a way out. Positive mental health allows people to realize their full potential, cope with stress in life, work productively and make meaningful contributions to the community. Various factors in people's lives such as intrapersonal relations, many other conditions can disrupt physical factors, childhood trauma and mental health conditions. Taking care and looking after one's mental health life preserves an individual's ability to enjoy life.
- ▲ Mental health is not only the psychological and emotional well-being of an individual but also it is the state of well-being where an individual can use their emotional and cognitive abilities to meet the demands of everyday life and contribute to the society. Mental health is essential in every stage of one's life, starting from childhood to adolescents up to adulthood.
- ▲ Every year October 10th is observed as world mental health day. It was started as an annual activity by the world federation by the deputy secretary-general of UNO (United Nations Organisation) at that time for mental health.
- ▲ Mental health resources in every country are different. At the same time, developed countries of the western world provide mental health programs for every age group. In third world countries where it becomes a struggle to find the basic needs of the families, not much importance is given providing proper mental health aid.
- ▲ Every year world mental health day is observed on October 10. It was started as an annual activity by the world federation for mental health by deputy secretary-general of UNO at that time. Mental health resources differ significantly from one country to another. While the developed countries in the western world provide mental health programs for all age groups. Also, there are third world countries they struggle to find the basic needs of the families. Thus, it becomes prudent that we are asked to focus on mental health importance for one day. The mental health essay is an insight into the importance of mental health in everyone's life.
- ▲ In the formidable years, this had no specific theme planned. The main aim was to promote and advocate the public on important issues. Also, in the first three years, one of the central activities done to help the day become special was the 2-hour telecast by the US information agency satellite system.
- ▲ Mental health is not just a concept that refers to an individual's psychological and emotional well being. Rather it's a state of psychological and emotional well being where an individual is able to use their cognitive and emotional capabilities, meet the ordinary demand and functions in the society. According to WHO, there is no single 'official' definition of mental health.
- ▲ Thus, there are many factors like cultural differences, competing professional theories, and subjective assessments that affect how mental health is defined. Also, there are many experts that agree that mental illness and mental health are not antonyms. So, in other words, when the recognized mental disorder is absent, it is not necessarily a sign of mental health.
- ▲ One way to think about mental health is to look at how effectively and successfully does a person acts. So, there are factors such as feeling competent, capable, to handle the normal stress levels, maintaining satisfying relationships and also leading an independent life. Also, this includes recovering from difficult situations and being able to bounce back.
- ▲ Mental health is related to the personality as a whole of that person. Thus, the most important function of school and education is to safeguard the mental health of boys and girls. Physical fitness is not the only measure of good health alone. Rather it's just a means of promoting mental as well as moral health of the child. The two main factors that affect the most are feeling of inferiority and insecurity. Thus, it affects the child the most. So, they lose self-initiative and confidence. This should be avoided and children should be constantly encouraged to believe in themselves.



VOLLEYBALL

Volleyball is a team sport in which two teams of six players are separated by a net. Each team tries to score points by grounding a ball on the other team's court under organized rules. It has been a part of the official program of the Summer Olympic Games since Tokyo 1964. Beach Volleyball was introduced to the programme at the Atlanta 1996. The adapted version of volleyball at the Summer Paralympics Games is sitting volleyball.

The complete set of rules is extensive, but play essentially proceeds as follows: a player on one of the teams begins a 'rally' by serving the ball (tossing or releasing it and then hitting it with a hand or arm), from behind the back boundary line of the court, over the net, and into the receiving team's court. The receiving team must not let the ball be grounded within their court. The team may touch the ball up to three times to return the ball to the other side of the court, but individual players may not touch the ball twice consecutively. Typically, the first two touches are used to set up for an attack. An attack is an attempt to direct the ball back over the net in such a way that the team receiving the ball is unable to pass the ball and continue the rally, thus, losing the point. The team that wins the rally is awarded a point and serves the ball to start the next rally. A few of the most common faults include:

- causing the ball to touch the ground or floor outside the opponents' court or without first passing over the net;
- catching and throwing the ball;
- double hit: two consecutive contacts with the ball made by the same player;
- four consecutive contacts with the ball made by the same team;
- net foul: touching the net during play;
- Foot fault: the foot crosses over the boundary line when serving.

The ball is usually played with the hands or arms, but players can legally strike or push (short contact) the ball with any part of the body.

A number of consistent techniques have evolved in volleyball, including spiking and blocking (because these plays are made above the top of the net, the vertical jump is an athletic skill emphasized in the sport) as well as passing, setting, and specialized player positions and offensive and defensive structures.

History

Origin: In the winter of 1895, in Holyoke, Massachusetts (United States), William G. Morgan, a YMCA physical education director, created a new game called Mintonette, a name derived from the game of badminton, as a pastime to be played (preferably) indoors and by any number of players. The game took some of its characteristics from other sports such as baseball, tennis and handball.^[7] Another indoor sport, basketball, was catching on in the area, having been invented just ten miles (sixteen kilometers) away in the city of Springfield, Massachusetts, only four years before. Mintonette was designed to be an indoor sport, less rough than basketball, for older members of the YMCA, while still requiring a bit of athletic effort.

The first rules, written down by William G. Morgan, called for a net 6 ft 6 in (1.98 m) high, a 25 ft × 50 ft (7.6 m × 15.2 m) court, and any number of players. A match was composed of nine innings with three serves for each team in each inning, and no limit to the number of ball contacts for each team before sending the ball to the opponents' court. In case of a serving error, a second try was allowed. Hitting the ball into the net was considered a foul (with loss of the point or a side-out)—except in the case of the first-try serve.

After an observer, Alfred Halstead, noticed the volleying nature of the game at its first exhibition match in 1896, played at the International YMCA Training School (now called Springfield College), the game quickly became known as volleyball (it was originally spelled as two words: "volley ball"). Volleyball rules were slightly modified by the International YMCA Training School and the game spread around the country to various YMCAs.

In the early 1900s Spalding, through its publishing company American Sports Publishing Company, produced books with complete instruction and rules for the sport.

Refinements and later developments

The first official ball used in volleyball is disputed; some sources say Spalding created the first official ball in 1896, while others claim it was created in 1900. The rules evolved over time: in 1916, in the Philippines, the skill and power of the set and spike had been introduced, and four years later a "three hits" rule and a rule against hitting from the back row were established. In 1917, the game was changed from requiring 21 points to win to a smaller 15 points to win. In 1919, about 16,000 volleyballs were distributed by the American Expeditionary Forces to their troops and allies, which sparked the growth of volleyball in new countries.

The first country outside the United States to adopt volleyball was Canada in 1900.^[11] An international federation, the Fédération Internationale de Volleyball (FIVB), was founded in 1947, and the first World Championships were held in 1949 for men and 1952 for women. The sport is now popular in Brazil, in Europe (where especially Italy, the Netherlands, and countries from Eastern Europe have been major forces since the late 1980s), in Russia, and in other countries including China and the rest of Asia, as well as in the United States.

Beach volleyball, a variation of the game played on sand and with only two players per team, became a FIVB-endorsed variation in 1987 and was added to the Olympic program at the 1996 Summer Olympics. Volleyball is also a sport at the Paralympics managed by the World Organization Volleyball for Disabled.

Nudists were early adopters of the game with regular organized play in clubs as early as the late 1920s. By the 1960s, a volleyball court had become standard in almost all nudist/naturist clubs.

Volleyball in the Olympics

Volleyball has been part of the Summer Olympics program for both men and women consistently since 1964.

Rules of the game

The court dimensions: A volleyball court is 9 m × 18 m (29.5 ft × 59.1 ft), divided into equal square halves by a net with a width of one meter (39.4 in). The top of the net is 2.43 m (7 ft 11 11⁄16 in) above the center of the court for men's competition, and 2.24 m (7 ft 4 3⁄16 in) for women's competition, varied for veterans and junior competitions.

The minimum height clearance for indoor volleyball courts is 7 m (23.0 ft), although a clearance of 8 m (26.2 ft) is recommended.

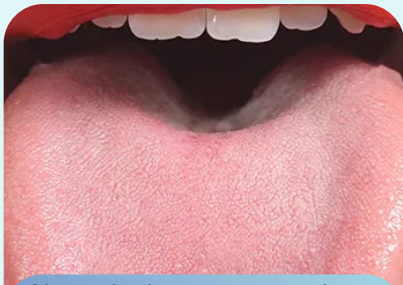
A line 3 m (9.8 ft) from and parallel to the net is considered the "attack line". This "3 meter" (or "10-foot") line divides the court into "back row" and "front row" areas (also back court and front court). These are in turn divided into 3 areas each: these are numbered as follows, starting from area "1", which is the position of the serving player:

ars by the FIVB's Rules of the Game and Refereeing Commission. The latest edition is usually available on the FIVB's website.



AMAZING FACTS

TONGUE PRINTS



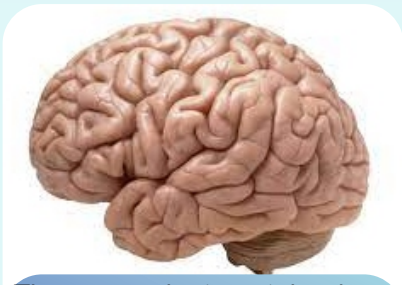
Not only does everyone have unique fingerprints, but human also have unique tongue-prints.

FINGER NAILS



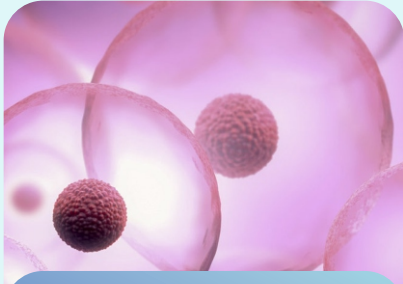
Fingernails can grow 4x faster than toenails.

HUMAN BRAIN



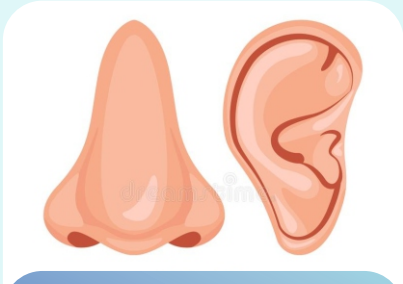
The average brain weighs about three pounds. A newborn brain weighs about 3/4 of a pound.

CELLS



A human body contains almost 100 trillion cells.

NOSE & EARS



Your nose and ears never stop growing.

EYELASHES



Eyelashes live for about 150 days before falling out.

Quote ”
To teach is to learn twice.
-Joseph Joubert

SCRABBLE



GITANJALI RAO

15-year-old Indian-American Gitanjali Rao, a “brilliant” young scientist and inventor, has been named by TIME magazine as the first-ever Kid of the Year’ for her “astonishing work using technology to tackle issues ranging from contaminated drinking water to opioid addiction and cyberbullying. “The world belongs to those who shape it. And however uncertain that world may feel at a given moment, the reassuring reality seems to be that each new generation produces more of what these kids have already achieved: positive impact, in all sizes,” TIME said. Rao was selected from a field of more than 5,000 nominees as TIME’s first-ever ‘Kid of the Year’. She was interviewed by actor and activist Angelina Jolie for the TIME special. Observe, brainstorm, research, build and communicate, Rao told about her process during a virtual talk with Jolie from her home in Colorado. She spoke about her astonishing work using technology to tackle issues ranging from contaminated drinking water to opioid addiction and cyberbullying, and about her mission to create a global community of young innovators to solve problems the world over. Even over video chat, her brilliant mind and generous spirit shone through, along with her inspiring message to other young people: don’t try to fix every problem, just focus on one that excites you, Time said. If I can do it, she said in the interview, anybody can do it.

FABLED FIRST



RUBY BRIDGES

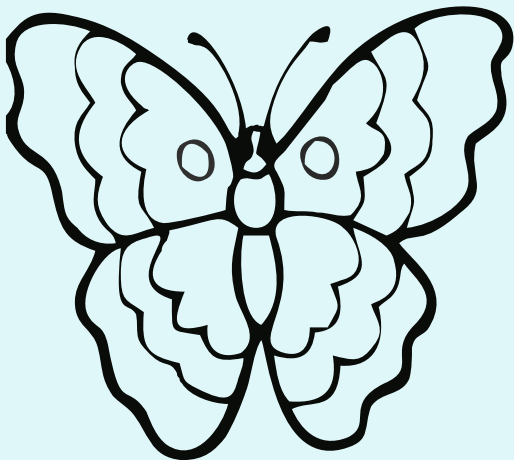
Ruby Nell Bridges Hall (born September 8, 1954) is an American civil rights activist. She was the first African-American child to desegregate the all-white William Frantz Elementary School in Louisiana during the New Orleans school desegregation crisis on November 14, 1960. She is the subject of a 1964 painting, The Problem We All Live With by Norman Rockwell. Bridges was the eldest of five children born to Abon and Lucille Bridges. As a child, she spent much time taking care of her younger siblings, though she also enjoyed playing jump rope, softball and climbing trees.

FABLED FIRST

emulous
adjective [em-yuh-luhs]

Word: Emulous
Meaning: inspired by or deriving from a desire to emulate
Sentence: His fame collected round him a host of followers, emulous of his sanctity

COLOURING PICTURE



Quiz

1. Name Disney's first film?
2. When was Netflix founded?
3. Who is 3rd on the all-time list of female tennis Grand Slam?
4. What was the clothing company Nike originally called?
5. Where was the first modern Olympics Games held?
6. Which football team is known as 'The Red Devils'?

INDIA

2. SRI LANKA

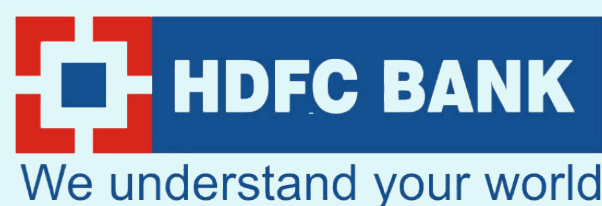
3. SOUTH AFRICA

4. CARIBBEAN ISLANDS

5. THE UNITED STATES OF AMERICA

CURRENT AFFAIRS

1. India finished their campaign at the Tokyo Paralympics 2020 with an all-time high of 19 medals which includes five gold, eight silver, and six bronze. This is the best medal tally for India a single edition of the Paralympic Games. India is placed at 24th position in the overall medal tally out of a total of 162 nations
2. Nine new judges, including three women, have been administered the oath of office as judges of the Supreme Court by Chief Justice of India (CJI) NV Ramana. The strength of the Supreme Court would go up to 33, including the CJI, out of the sanctioned strength of 34, after the swearing-in of the nine new judges. Three out of these nine new judges – Justice Vikram Nath and Justice BV Nagarathna and Justice PS Narasimha – are in line to become the chief justice of India.
3. Ministry of Road Transport & Highways has introduced a new registration mark for new vehicles i.e. “Bharat series (BH-series)”. The vehicles bearing the BH-series mark will not have to require the assignment of a new registration mark when the owner of the vehicle shifts from one State to another
4. TIME magazine has unveiled its annual list of 'The 100 Most Influential People of 2021'. Prime Minister Narendra Modi, West Bengal Chief Minister Mamata Banerjee and Serum Institute of India CEO Adar Poonawalla have been named among the world's 100 most influential people of 2021 by TIME magazine
5. The Union Minister of Education, Dharmendra Pradhan released the NIRF India Rankings 2021, on September 09, 2021, through video conferencing. The Indian Institute of Technology (IIT) Madras has retained the top spot in the overall category.
6. India has been ranked at 46th place in the Global Innovation Index 2021 released by World Intellectual Property Organization (WIPO).
7. The Pension Fund Regulatory and Development Authority (PFRDA) has increased the entry age for the National Pension System (NPS) from 65 years to 70 years. Earlier the eligible age to invest in NPS was 18-65 years which has now been revised to 18-70 years.
8. The Organisation for Economic Co-operation and Development (OECD) has marginally lowered India's growth projection for the ongoing fiscal to 9.7%, a reduction of 20 basis points (bps). For FY23, OECD reduced India's growth projection by 30 basis points to 7.9%.
9. Life Insurance Corporation of India (LIC) has launched a new mobile app 'PRAGATI' for the exclusive use of its Development Officers. PRAGATI stands for “Performance Review Application, Growth And Trend Indicator”.
10. China successfully launched a new Earth observation satellite, Gaofen-5 02, into space, aboard a Long March-4C rocket, from the Taiyuan Satellite Launch Centre in north China's Shanxi Province. The Gaofen-5 02 satellite is the 24th in the series of Gaofen Earth-observation satellites of China, to monitor environmental protection efforts and boost its natural resources surveillance
11. Iran was officially admitted as a full member of the Shanghai Cooperation Organization (SCO). The decision to admit Iran as a full member was declared in the 21st summit of the SCO leaders in Dushanbe, Tajikistan.
12. India has become the first country in Asia to launch a Plastics Pact, a new platform to promote a circular system for plastics. The India Plastic Pact platform was launched on September 03, 2021, by the British High Commissioner to India, Alexander Ellis, at the 16th Sustainability Summit hosted by the Confederation of Indian Industry (CII).
13. Pension Fund Regulatory and Development Authority (PFRDA) will observe October 01, 2021 as the National Pension System Diwas (NPS Diwas). This campaign has been started by PFRDA under the 'Azadi Ka Amrit Mahotsav' to promote pension and retirement planning for a carefree 'azad' retirement. PFRDA is promoting this campaign on its social media platforms with #npsdiwas.
14. Ministry of Social Justice & Empowerment has launched India's first Pan-India helpline for senior citizens named 'Elder Line' for which the toll-free number is 14567. The platform will allow senior citizens to connect and share their concerns, get information and guidance on problems that they face on a day-to-day basis.
15. HDFC Bank has signed a memorandum of understanding (MoU) with the National Small Industries Corporation (NSIC) for providing credit support to the micro, small and medium enterprise (MSME) sector.
16. Government of India and Bill & Melinda Gates Foundation have signed a multi-year MoU to work together on sustainably improving India's livestock sector to support the nation's food and nutritional security, and protect the economic wellbeing of small-scale livestock producers. The event was organized as a part of ongoing celebrations of 'AzadiKaAmritMahotsav'
17. The WHO announced the appointment of The Rt Hon Gordon Brown, former Prime Minister of the United Kingdom, as WHO Ambassador for Global Health Financing.
18. Shooter Avani Lekhara has scripted history as she became the first Indian woman to win a gold medal at the Paralympics, firing her way to the top of the podium in the R-2 women's 10m Air Rifle Standing SH1 event.
19. A 12-year-old environmental activist from Mumbai, Maharashtra, Ayaan Shankta has been named as “2021 International Young Eco-Hero”. He won the 3rd prize under the Age Group: 8-14 for his project “Conservation and Rehabilitation of Powai Lake” and became one of the 25 global winners of the Young Eco-Hero Award 2021.
20. Nagaland's "sweet cucumber" was awarded a geographical identification (GI) tag as an agricultural product under provisions of The Geographical Indications of Goods (Registration and Protection) Act, 1999



CLOTHES COMMUNICATE



Mrs. Parul Kaushal

EDUCATIONIST, JOURNALIST
& SOCIAL ACTIVIST

My last article "Let's Groom them Young", mentioned the importance of all the factors which collectively help in creating an everlasting impression in various situations of our lives. Image Management is a combination of these 4 aspects: Clothing, Grooming & Hygiene, Etiquettes & Body Language. Each one of them is a very important aspect in itself but these aspects when put together in an individual helps him or her to make their PERSONAL BRAND very strong and eminent. Clothing is a basic human need-physical, psychologically, socially and aesthetically. Food, Clothing and shelter are ranked among basic human needs, in terms of survival. Every child is unique in their own way. The individuality of every student should remain intact but the knowledge of appropriate clothing, dressing according to the occasion being attended etc. is very pivotal.

They need to understand that: CLOTHES COMMUNICATE. Clothing needs can be physical, in terms of physical survival, protection, safety health and comfort. Clothing needs can be psychological, in terms of mental health and psychological comfort. It helps to maintain or protect your body image, self- image and self -concept, self -esteem, self-confidence, self-respect. Clothing should put your mind at ease.

Clothing needs can be social, in terms of acceptance, assignment, belonging and modesty. Clothing needs can be aesthetic, artistic in terms of the art elements and principles of designs. Clothing functions as the second layer to enhance appearance. Basic clothing needs must be met at all stages in life. When the clothing needs are met, the mind is free from concern about clothing and appearance. Clothing forms a very important part of building the FIRST IMPRESSION.

The students need to understand the importance of clothing and how it assists in building a perspective and image about someone without having to know the person at a personal level. Clothing forms a very integral part of NON VERBAL COMMUNICATION.

These aspects come into picture when the students appear for various interviews either for higher education or a professional job. The CLOTHES definitely communicate a message about the individual. My endeavour in my program "Lets groom them young" is that the students should comprehend the importance of dressing according to the Role, Occasion and Goal.

As they grow and have these concepts clear and understood in their minds they would always be well dressed and groomed which will eventually be a source of self -respect, self-worth and confidence. For e.g - The students need to understand that distress jeans is a very trendy piece of clothing with the young generation, but it cannot be worn to a family function or a formal event in school. Then the student is expected to be dressed in formal shirt, jacket and trousers.

The accessories also play a very important role and help in creating the complete look. The students should be aware that Image Makers and Image Breakers is an actual concept which can make or break the image of a person depending on the way he/she is dressed up.

Wrinkled clothes, ill fitted clothes, unclean shoes or unmatched socks all can be Image breakers and will form an everlasting negative impression in the minds of people one interacts in their personal, social and professional lives. Therefore, Appropriate, Authentic, Attractive and Affordable clothes can help one make an impactful image and impression in the minds of people.

Students once are aware of this concept of appropriate clothing and how it lays the foundation for an individual's success in the future years; will understand how it helps them to stand out and make a mark of themselves along with the qualification, experience and skill set they own. They should always be able to convey the correct message through their appropriate and attractive clothing.

EDITORIAL BOARD



FROM THE
**EDITOR'S
DESK**

Ms. Suman Kour

Chief Media Editor

ALL OUR DREAMS CAN COME TRUE IF WE HAVE THE COURAGE TO PURSUE THEM.....WALT DISNEY. I am delighted and admired to announce that IDPS CHRONICLE has completed three successful years. It is a great achievement for all of us. It seemed just like yesterday that we started the newspaper and today it has completed three years of successful publication. I would like to thank IDPS Management, Principal, Staff, Teachers, Students, readers, reviewers, and editorial board members for their continuous support. I shall strive to improve the paper in the next coming years. Looking forward to your continuous support and the continued growth of the IDPS CHRONICLE in the coming year. By working to develop a child's inner strength, you are giving that child the emotional and mental tools needed to stay healthy and happy throughout life.



Ms. Alliena Singh
Junior Editor

Hello, everyone I'm Alliena Singh, junior editor of the school. I want to congratulate everyone on this occasion of publishing of fourth volume of IDPS chronicle. As a junior editor Please let me know if there is anything I can do to help you with future Volume. As we all know that it is not a easy thing to achieve and it takes lots of hard work and determination. I will always look forward for the next volume to publish and I hope it will be more successful than previous volumes. Thank you!

Don't be afraid of change, it's leading you to a new beginning. With profound pleasure, humility and anticipation IDPS is celebrating the launch of Volume 4 of the IDPS chronicle. It's a moment of pride for all the members of the IDPS family. IDPS chronicle started as a small school newspaper and today it has reached the heights of fame all over India. It is my pleasure to present to you all, the latest volume of the IDPS Chronicle. Even though the team is not well versed with editorial board the present volume is nothing short of professional work. I hope the subscribers will enjoy it and bless us with their views so that we can make improvements in the next Volume. In this Volume we have presented the articles regarding different topics the readers will get benefited from. I hope that the readers will appreciate the views of the writers and will appreciate our efforts to enrich their knowledge. Happy reading!



Ms. Iqtida Syed
Editor-in-Chief

Greetings Everyone!

I am Ayesha, The Assistant Editor of the School. First of all I want you to know that with profound humility, pleasure and anticipation IDPS is celebrating the Launch of Volume Fourth of the IDPS Chronicle. It's a moment of Great honour and dignity for all of us and for this I want to congratulate everyone for this Well-deserved success and wish you all a very good luck for this and future endeavors. As an Assistant Editor I will always try my level best to make IDPS reach Greater heights every new day and I will always be rooting for you! Again best wishes for this New and Grand success.



Ms. Ayesha
Assistant Editor